

## Starters

- Garlic Pizza Bread** 5.80  
(400 kcal) **VG**  
*A Frankie's favourite to get you started!*  
**Sharer** (801 kcal) **VG** 7.20  
**Add:** mozzarella (+174 kcal) **V** 1.00  
Vegan mozzarella (+93 kcal) **VG** 1.00  
**NEW Crispy Cauli Bites** **VG** 7.80

Drizzled with spicy buffalo sauce & topped with spring onions. Served with a garlic & herb dip (736 kcal)

- Southern Fried Chicken Strips** 8.60  
**Choose your sauce:**  
BBQ (641 kcal) | Hot (570 kcal)



- Loaded Potato Skins** **GF** 7.80  
**Choose from:**  
Cheese & spring onion (488 kcal)  
Bacon, cheese & spring onion (690 kcal)

- Mozzarella Sticks** **V** (585 kcal) 8.00  
Served with Marinara sauce

- Sticky Chicken Wings** 8.60  
Served with sour cream  
**Choose your sauce:**  
BBQ (795 kcal) | Hot (776 kcal)

- Crispy Calamari** (700 kcal) 9.60  
Served with garlic & herb dip

- Frankie's Classic Meatballs** 9.00  
A starter portion of our bestseller since '95 - lemon & herb pork & beef meatballs, topped with a rich tomato sauce, mozzarella and finished with chilli & red onion. Served with toasted ciabatta (642 kcal)  
**Add:** 'Nduja (+111 kcal) 2.00



**A FRANKIE'S CLASSIC**  
Get things started!

## All Day Brunch

- The Big One** 13.60  
Two Cumberland sausages, three rashers of bacon, black pudding, two fried eggs, tomato, mushrooms, baked beans and fries (1235kcal)
- Veggie Brunch** 11.00  
Vegan sausage, mushrooms, roasted tomato, baked beans, smashed avocado, two fried eggs and fries (736kcal)

## Wraps

All served with skin-on fries (+400 kcal)

- Beef Brisket Wrap** 12.60  
Pulled beef brisket, BBQ sauce, lettuce, cheese, red onion & roasted peppers (631 kcal)
- Halloumi Wrap** **V** 12.60  
Cajun spiced fried halloumi, smashed avocado, spicy sriracha, roasted peppers, lettuce & red onion (531 kcal)
- Cajun Chicken Wrap** 12.60  
Chicken strips, lettuce, red onion, cheese & cajun mayo (828 kcal)

## Pasta

Transport yourself to Little Italy with a big bowl of saucy pasta

- Arrabbiata** **VG GF** 12.45  
Spirali pasta in a tomato & garlic sauce with roasted red pepper, red onion and a kick of fresh chilli! (533 kcal)  
**Ask to go gluten free with fusilli pasta**
- House Mac 'n' Cheese** 14.80  
**VG** (629 kcal)  
**Add:** Bacon (+81 kcal) 2.00  
'Nduja (+227 kcal) 2.00
- Bolognese** **GF** 14.80  
Fettuccine in our rich beef Bolognese, slow cooked to add layers of meaty flavour (597 kcal)  
**Ask to go gluten free with fusilli pasta**
- Classic Beef Lasagne** 15.00  
Just like mama used to make! (608 kcal)
- Chicken & 'Nduja** **GF** 17.40  
Tender chicken, mushrooms & spinach in a spicy & creamy sauce with spirali pasta (1034 kcal)  
**Ask to go gluten free with fusilli pasta**
- Carbonara** **GF** 15.80  
A Frankie's favourite - fettuccine in a creamy cheese sauce, tossed with crispy bacon (1257 kcal)  
**Add:** Chicken (+117 kcal)  
**Ask to go gluten free with fusilli pasta**
- Frankie's Classic Meatballs** 17.60  
A bestseller since '95 - our famous lemon & herb pork & beef meatballs simmered in our signature Bolognese sauce (921 kcal)



**PAIR UP YOUR PASTA**  
With our Garlic Pizza Bread

## Classics

Comfort food classics, made with love, packed with flavour from Italy & America!

- Chicken Parmigiana** 18.20  
Succulent buttermilk chicken, topped with Marinara sauce, ham & melted cheese, served with fettuccine (779 kcal)  
**Choose your side:**  
Salad (+71 kcal)  
Skin-on fries (+400 kcal)  
Tenderstem broccoli (+112 kcal)
- NEW Mediterranean Salmon†** 19.20  
Salmon fillet on roasted vegetables tumbled with mixed grains & Marinara sauce (670 kcal)
- BBQ Chicken** **GF** 19.80  
Tender chicken with BBQ sauce & topped with bacon & melted cheese. Served with onion rings, 'slaw & skin-on fries (1107 kcal)  
**Add:** half rack of ribs (+302 kcal) 7.60  
**Ask to go gluten free without onion rings & swap fries for a jacket potato**
- Smoky BBQ Ribs** **GF**  
With 'slaw & skin-on fries  
**Choose from:**  
Whole rack (1201 kcal) 25.60  
Half rack (899 kcal) 19.80  
**Ask to go gluten free & swap fries for a jacket potato**

## Pizza

Stone baked sourdough pizzas with all your favourite toppings. Ask to go gluten free where you see the symbol, with a gluten free base

- Margherita** **V GF** (899 kcal) 12.20  
**Make it vegan** (774 kcal) **VG**
- Pepperoni** **GF** (881 kcal) 14.40  
**Make it vegan** (790 kcal) **VG**
- NEW Hawaiian** **GF** 13.80  
Ham & pineapple. Simple (781 kcal)
- BBQ Chicken** **GF** 14.80  
with a saucy BBQ base (935 kcal)
- Meat Feast** 16.60  
Crumbled pork & beef, pepperoni, ham & roasted red peppers (994 kcal)

### Add toppings

**GF**

- Sweetcorn** (+25 kcal) **VG** 1.60
- Mushroom** (+11 kcal) **VG** 1.60
- Mozzarella** (+172 kcal) **V** 1.60
- Ham** (+44 kcal) 2.00
- 'Nduja** (+167 kcal) 2.00
- Pepperoni** (+156 kcal) 2.00
- BBQ Chicken** (+103 kcal) 2.00
- Add green chillies** (+4 kcal) on us

## Burgers & Hotdogs

- Classic Crispy Chicken** 14.40  
Crispy buttermilk chicken breast, mayo & lettuce (841 kcal)
- Classic Beef** 14.40  
Beef burger with mayo & lettuce (919 kcal)
- NEW Spicy Black Bean** **VG** 16.40  
Beetroot & bean burger, houmous, sriracha, roasted red peppers, red onions & lettuce (688 kcal)
- NEW Crispy BBQ Chicken** 16.40  
Crispy buttermilk chicken breast, bacon, cheese, lettuce all drizzled with BBQ & Frankie's secret sauce (1306 kcal)
- Chicken & Halloumi** 16.40  
Grilled chicken breast, cajun spiced fried halloumi, red onions, sriracha, mayo & lettuce (851 kcal)
- Double Bacon Cheese** 19.20  
Two beef burgers, bacon, oozy cheese, lettuce & Frankie's secret sauce (1817 kcal)
- New York Hotdog** 13.60  
Crispy onions & ketchup (571 kcal)
- Dirty Hotdog** 16.40  
BBQ brisket, green chillies, crispy onions, cheese & BBQ sauce (782 kcal)

Double up your patty 3.20

### Stack those toppings 2.00

- Monterey Jack Cheese** (+75 kcal)
- Cajun Spiced Fried Halloumi** (+192 kcal)
- Bacon** (+81 kcal)
- Onion Rings** (+134 kcal)
- Pulled Beef Brisket** (+98 kcal)

### Upgrade your fries

- Sweet Potato Fries** (+464 kcal) 1.20
- Buffalo Chicken Fries** 3.00  
Crispy chicken pieces, cheese sauce, garlic & herb dressing & hot sauce (899 kcal)
- BBQ Brisket Fries** 3.00  
BBQ brisket, cheese sauce & spring onions (838 kcal)

## Salads

- Classic Caesar** **V** 12.80  
Baby gem lettuce, croutons, grated Italian cheese & Caesar dressing (457 kcal)
- Mediterranean Grain** **VG** 14.80  
Grains, leaves, cherry tomatoes, broccoli & roasted red peppers, in a garlic & herb dressing, on a bed of houmous (472 kcal)

### Top your salad

- Grilled Chicken Breast** **GF** 3.20 (+195 kcal)
- Fried Halloumi** (+297 kcal) **V** 2.80

**GF** These dishes can be made without gluten. Dishes will be changed to keep in line with tolerances, check dish descriptors for further information

**V** Vegetarian dishes

**VG** Vegan dishes

## Sides

- 'Slaw** (197 kcal) **V GF** 3.80
- Skin-on Fries** (400 kcal) **VG** 4.60
- Sweet Potato Fries** (464 kcal) **VG** 5.80
- Side Salad** **VG GF** 5.40  
In garlic & herb dressing (71 kcal)
- Garlic & Herb Tenderstem Broccoli** (112 kcal) **VG GF** 4.80
- Onion Rings** (543 kcal) **V** 5.40
- Garlic Corn On The Cob** (268 kcal) **V** 4.20

- Sharing Garlic Pizza Bread** 7.20  
(801 kcal) **VG**

**Add:** mozzarella (+174 kcal) **V** 1.00  
Vegan mozzarella (+93 kcal) **VG** 1.00



## Loaded Fries

- Buffalo Chicken Fries** 7.40  
Crispy chicken pieces, cheese sauce, garlic & herb dressing & hot sauce (899 kcal)
- BBQ Brisket Fries** 8.00  
BBQ brisket, cheese sauce & spring onions (882 kcal)

## Dips

**GF**

Upgrade your meal with our dips. Dip, drizzle & enjoy!

- Garlic & Herb** (240 kcal) **VG** 1.00
- BBQ** (79 kcal) **VG** 1.00
- NEW Frankie's Secret Sauce** (275 kcal) **V** 1.00

Flip over for desserts & hot drinks


## Desserts

Something for everyone with our crowd pleasing desserts and shakes

### Ice Cream

Two scoops 4.00  
Three scoops 5.20

#### Choose from:


Vanilla (78 kcal/scoop)  
Strawberry (84 kcal/scoop)  
Chocolate (80 kcal/scoop)  
Vegan choc-chip (88 kcal/scoop) 

**Warm Brownie & Ice Cream** 7.40  
  (719 kcal)

**New York Cheesecake**  7.40

Served with vanilla ice cream  
**Choose from:**  
Strawberry sauce (576 kcal)  
Salted caramel sauce (597 kcal)



**Apple Crumble Pie**  7.40

Served with vegan custard  
**Choose from:**  
Vanilla (634 kcal) or   
Vegan choc-chip (667 kcal) ice cream

## Shakes

### Ice Cream Shake

**Choose from:**  
Vanilla (546 kcal)  
Strawberry (516 kcal)  
Chocolate (528 kcal)  
Salted Caramel (529 kcal)

5.40 **Vegan Choc-Chip Shake**   5.40

Oat shake with vegan choc-chip  
ice cream and chocolate  
sauce (495 kcal)



**SIP,  
SLURP,  
SHAKE!**  
Handblended  
to order

## Hot Drinks

**Cappuccino** (189 kcal) 3.90

**Caffe Latte** (193 kcal) 3.90

**Flat White** (97 kcal) 3.90

**Americano** (13 kcal) 3.60

**Espresso** (1 kcal) 3.00

**Macchiato** (5 kcal) 3.00

**Mocha** (253 kcal) 4.20

**Hot Chocolate** (293 kcal) 4.20

**Breakfast Tea** (0 kcal) 3.40

**Earl Grey Tea** (0 kcal) 3.60

**Fruit & Herbal Tea** (0 kcal) 3.60

*Ask your server for today's choices*

**Liqueur Coffee** 6.50

*Ask your server for liqueur choice*

*Ask your server about our  
other drink options*

### Upgrade your drink

**Extra shot of espresso** 0.60

**Syrup** 0.60

#### Choose from:

Gingerbread (+86kcal)  
Vanilla (+84 kcal)  
Caramel (+81 kcal)

Frankie & Benny's

### Good for you, good for the planet

#### Green Energy

We buy renewable energy for our restaurants, bringing us towards a carbon neutral future




#### Food Made Good

We've been awarded 3 stars in the Food Made Good Rating for initiatives such as renewable energy, responsible food sourcing and supporting the farmers that we work with

#### Responsible sourcing

Our beef burgers and fish are sourced from farmers that rear animals responsibly supporting global farmers

 We are working hard to reduce food waste. Ask if you would like to take unfinished food with you

 These dishes are made from ingredients that do not contain meat or fish.  These dishes are not made with any animal products.  These dishes can be made without gluten. However we do not have a dedicated preparation or cooking area for vegetarian, vegan and gluten free food. Gluten-free means foods that do not contain gluten as an ingredient. \*All weights are approximate before cooking. 1oz = 28g uncooked weight. Fish may contain bones. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. Allergies: we follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Speak to a member of staff if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at [www.restaurantallergens.com/frankies](http://www.restaurantallergens.com/frankies). Service charge is at your discretion, however an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. Please check with your server as due to differing licensing laws, we may be unable to serve alcoholic drinks at all times/locations. As a result of the changes to VAT in restaurants and pubs, our menu includes items with a range of VAT rates. Not all ingredients are listed in descriptions. Frankie & Benny's, 5-7 Marshalsea Road, Borough, London SE11EP - FB\_CONC\_CORE\_0424