


Gluten free menu



Frankie & Benny's

NEW YORK ITALIAN RESTAURANT

Starters

Fully Loaded Potato Skins 7.00
Crispy potato skins filled to the brim
Choose from: Cheese & chive 
Bacon, cheese & chive

Pasta

Gluten free fusilli pasta

Carbonara 11.50
Creamy carbonara sauce with garlic and crispy bacon, topped with fresh parsley and grated Italian hard cheese

Bolognese 11.50
Our rich beef Bolognese sauce. Classic!

Burgers

Served on a poppy seed gluten free bun with a jacket potato on the side


Bacon Cheese Burger 13.80
5oz* burger, back bacon, mayo and Monterey Jack cheese

The House Special 12.50
5oz* burger with our signature burger sauce, fried onions and gherkin. A true Frankie's special
Add Monterey Jack cheese 1.00

Classic Chicken 13.00
Simply the breast, with mayo
Add cheese or bacon for 1.00



Dolce Vita

Pomodoro  10.50
Tossed in Neapolitan tomato sauce, finished with fresh basil and mozzarella

Do it your way

DOUBLE UP

3.00 each

Beef burger
Grilled chicken

GO LIGHTER

Free

Remove the bun and/or swap your jacket potato for salad or corn

Have an allergy?

Please tell us and we'll give you all the information you need before ordering

Favourites



Dolce Vita Salad 13.50
Grilled chicken breast, crispy bacon, Italian Dolcelatte blue cheese and lettuce in a creamy blue cheese dressing

New York BBQ Chicken 16.40
Chicken breast topped with bacon, cheese and BBQ sauce with jacket potato, 'slaw and corn on the cob

BBQ Chicken & Ribs 20.00
Half roast chicken, half rack of ribs, BBQ sauce, jacket potato, 'slaw and corn on the cob.
Eeeny-meeny-miney-both

Smoky BBQ Ribs 18.90
Falling-off-the-bone tender pork whole rack of ribs smothered in BBQ sauce, served with jacket potato, 'slaw and corn on the cob



Gluten free means foods that contain gluten at a level of no more than 20 parts per million. All dishes on this menu are subject to ingredient availability
Allergies: We follow good hygiene procedures in our kitchen, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff in our restaurants if you have any food allergies or intolerance. Full allergen information relating to our menu can be found at www.restaurantallergens.com/frankies  = These dishes are made from ingredients that do not contain meat or fish. However we do not have dedicated preparation or cooking area within our kitchen for vegetarian food.  = These dishes are not made with any animal products. *All weights are approximate before cooking. 1oz=28g. Service is at your discretion. Any tips will be passed directly to your server. We accept all major credit cards. Our prices include Value Added Tax at the current rate. TRG Concessions, 5-7 Marshalsea Road, Borough, London SE11EP. **Email:** concessions@trgplc.com **Website:** <http://www.trgconcessions.co.uk> 0320