

# VEGETARIAN AND VEGAN MENU

How to order: Please place your order using the Wetherspoon app or note your table number and order at the bar. Some of our dishes require specific ordering instructions: please note the comments below each dish and always let a staff member know that you are ordering from the vegetarian and vegan menu.

UNDER 500 CALORIES  
LOOK FOR THE LOGO

## VEGETARIAN MENU BREAKFAST

**Large Scottish breakfast** 1232 kcal  
Two eggs, bacon, two sausages, baked beans, two hash browns, Stornoway black pudding, tomato, slice of toast.

**Vegetarian breakfast** 881 kcal  
Two eggs, two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast.

**Small vegetarian breakfast** 377 kcal  
Egg, Quorn vegan sausage, baked beans, hash brown, tomato.

**Vegan breakfast** 634 kcal  
Two Quorn vegan sausages, two hash browns, mushroom, tomato, slice of toast, vegan spread.

**Add the following to your breakfast:**  
One slice of toast 196 kcal

**American-style pancakes**  
Four pancakes, maple-flavour syrup, banana. 695 kcal  
Four pancakes, maple-flavour syrup, strawberries, blueberries. 580 kcal

## MORNING ROLL

**Quorn vegan sausage** 436 kcal

**Add the following to your roll:**  
Two slices of cheese 166 kcal  
Two hash browns 216 kcal

## SMALL PLATE

**Nachos** 1152 kcal  
Cheese, guacamole, fresh salsa, sour cream, sliced chillies.

## DELI

Freshly made panini is served with chips (add 597 kcal) or ask for a salad instead (add 82 kcal).

**Brie, smoky chilli jam & rocket panini** 580 kcal

## LIGHTER OPTIONS

**Smashed avocado English muffin** 348 kcal  
Smashed avocado and fresh salsa, on an English muffin, rocket.

**Beans on toast** 489 kcal  
With Country Life spreadable.

**Scrambled egg on toast** 537 kcal  
Three eggs. With Country Life spreadable.

**Add:** Avocado 84 kcal; poached egg 63 kcal

**MOMA Porridge** 307 kcal  
Fresh blueberries and brown sugar 307 kcal or banana and honey 456 kcal.

**Berry breakfast bowl** 375 kcal  
Crunchy gluten-free granola, pumpkin seeds, Greek-style yoghurt with honey, açai & blueberry compote, strawberry, blueberries, chia seeds.

**Fresh fruit bowl** 210 kcal  
A selection of fresh fruit.

**Two slices of toast and preserve** 459 kcal

**Freshly baked pastries**  
Choose an all-butter croissant and preserve 509 kcal, a pain au chocolat 352 kcal or a pain aux raisins 384 kcal.

## CURRY

**Mangalorean roasted cauliflower & spinach curry** 825 kcal  
A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers – finished with fenugreek leaves, naan bread, basmati pilau rice.

## SIDES

**Side salad** 72 kcal

**Bowl of chips** 955 kcal

## BRUNCH

**Vegetarian all-day brunch** 1040 kcal  
Two Quorn vegan sausages, eggs, baked beans, mushroom, chips.

**Small vegetarian all-day brunch** 709 kcal  
Two Quorn vegan sausages, egg, baked beans, chips.

**Mushroom Benedict** 489 kcal  
Two poached eggs, on an English muffin, with mushrooms, Hollandaise sauce, rocket.

## BURGERS

**Served with chips** (add 597 kcal)

**Vegetable burger** 512 kcal  
Butternut squash, peppers, peas, aubergine, potato, chickpeas.

**Vegan burger** 480 kcal  
Meatless Farm™ plant-based burger.

**Add any of the following:**  
Cheese 78 kcal; BBQ sauce 83 kcal

## GOURMET BURGER

**Served with chips** (add 597 kcal)

**Gourmet vegan burger** 682 kcal  
Meatless Farm™ plant-based burger, fresh salsa, avocado, rocket, sourdough bun.

## PUB CLASSICS

**Vegetarian bangers and mash** 754 kcal  
Three Quorn vegan sausages, peas, gravy.

**Five-bean chilli** 512 kcal  
Rice, tortilla chips.

## PASTA, SALAD & RISOTTO

**Quinoa salad** 498 kcal  
Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, avocado, dressing.

**Creamy mushroom risotto** 470 kcal  
Roasted chestnut, oyster, shiitake, porcini mushrooms, with a dash of Prosecco, rocket.

**Macaroni cheese** 1181 kcal. Skinny fries.

## VEGAN MENU

### BREAKFAST

**Vegan breakfast** 634 kcal  
Two Quorn vegan sausages, two hash browns, mushroom, tomato, slice of toast, vegan spread.

### MORNING ROLL

**Quorn vegan sausage** 436 kcal

Please order this with vegan spread, instead of Country Life spreadable.

### LIGHTER OPTIONS

**Smashed avocado English muffin** 348 kcal  
Smashed avocado and fresh salsa, on an English muffin, rocket.

**Fresh fruit bowl** 210 kcal  
A selection of fresh fruit.

## BURGER

**Vegan burger** 480 kcal  
Meatless Farm™ plant-based burger. Served with chips (add 597 kcal)

## GOURMET BURGER

**Served with chips** (add 597 kcal)  
**Gourmet vegan burger** 682 kcal  
Meatless Farm™ plant-based burger, fresh salsa, avocado, rocket, sourdough bun.

## SIDES

**Side salad** 72 kcal

**Bowl of chips** 955 kcal

## SMALL PLATE

**Nachos** 1152 kcal  
Cheese, guacamole, fresh salsa, sliced chillies.

Please order this without sour cream.

## SALAD

**Quinoa salad** 498 kcal  
Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, avocado, dressing.

## PUB CLASSIC

**Five-bean chilli** 512 kcal  
Rice, tortilla chips.

## CURRY

**Mangalorean roasted cauliflower & spinach curry** 825 kcal  
A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers – finished with fenugreek leaves, naan bread, basmati pilau rice.