

# **NO-DAIRY MENU**



How to order: Please place your order using the Wetherspoon app or note your table number and order at the bar. Some of our dishes require specific ordering instructions: please note the comments below each dish and always let a staff member know that you are ordering from the no-dairy menu.

# **BREAKFAST**

#### Large Scottish breakfast 1232 kcal

Two eggs, bacon, two sausages, baked beans, two hash browns, Stornoway black pudding, tomato, slice of toast.

Please order this with yegan spread, instead of Lurpak spreadable which contains dairy.

#### Traditional Scottish breakfast 1048 kcal

Egg, bacon, sausage, baked beans, two hash browns, Stornoway black pudding, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

## Small breakfast 461 kcal

Egg, bacon, sausage, baked beans, hash brown.

## Large vegetarian breakfast @ 1153 kcal

Two eggs, three Quorn vegan sausages, baked beans, three hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy

### Vegetarian breakfast @ 881 kcal

Two eggs, two Quorn vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast.

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy

## Small vegetarian breakfast © 377 kcal

Egg, Quorn vegan sausage, baked beans, hash brown, tomato.

## Gluten-free breakfast @ 439 kcal

Two eggs, bacon, baked beans, mushroom, tomato.

### Vegan breakfast @ 634 kcal

Two Quorn vegan sausages, two hash browns, mushroom, tomato, slice of toast, vegan spread.

## Add the following to your breakfast:

Award-winning Stornoway black pudding (157 kcal)

# LIGHTER OPTIONS

## Smashed avocado English muffin @ 348 kcal

Smashed avocado and fresh salsa, on an English muffin, rocket.

Fresh fruit bowl @ 210 kcal. A selection of fresh fruit.

Two slices of toast and Jintee preserve @ 459 kcal

Please order this with vegan spread, instead of Lurpak spreadable which contains dairy.

## **BURGERS**

Served with chips (add 597 kcal)

Classic 60z beef burger 580 kcal

Grilled chicken breast burger 438 kcal

Vegan burger @ 480 kcal

Meatless  $Farm^{TM}$  plant-based burger.

#### Add any of the following:

BBQ sauce @ 83 kcal

Maple-cured bacon 86 kcal

## **GOURMET BURGER**

Served with chips (add 597 kcal)

#### Gourmet vegan burger @ 682 kcal

Meatless Farm<sup>™</sup> plant-based burger, fresh salsa, avocado, rocket, sourdough bun.

## SIDES

Side salad @ @ 72 kcal

Bowl of chips @ 955 kcal

## SALAD

Quinoa salad @ @ 498 kcal

Quinoa, rice, black turtle beans, pink cabbage, grilled yellow pepper, Roquito® pepper, pumpkin seeds, kale, avocado, dressing.

Add: Pulled chicken breast @ (192 kcal)

# **SMALL PLATES**

## British chicken wings 000 1296 kcal

Ten spicy chicken wings, Sriracha hot sauce,

Please order this without blue cheese dip which contains dairy

## Houmous and tortilla chips @ 605 kcal

Fresh salsa.

# **CURRY**

# Mangalorean roasted cauliflower

& spinach curry @ DD 825 kcal

A south Indian tangy creamed coconut sauce, roasted cauliflower, potato, spinach, red peppers – finished with fenugreek leaves, naan bread, basmati pilau rice.

Subject to local licensing restrictions and availability at participating free houses. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See main menu for symbol explanations and additional details of our terms and conditions.





